Serving the U.S. Army Community in Hawaii ★ www.hawaiiarmyweekly.com



Photo courtesy of JPAC

Capt. JoAnn Kennedy (left) and Staff Sgt. Rebecca Davenport, both with JPAC, present a wreath alongside veterans at the POW/MIA Recognition Day ceremony at the National Memorial Cemetery of the Pacific in Honolulu, Sept. 16, 2011.

# Annual JPAC ceremony to honor POWs/MIAs

JOINT POW/MIA ACCOUNTING COMMAND
PUBLIC AFFAIRS OFFICE
News Release

JOINT BASE PEARL HARBOR-HICKAM — The Joint POW/MIA Accounting Command, or JPAC, will honor former prisoners of war, or POWs, and fallen U.S. personnel who remain missing in action, or MIA, during a ceremony commemorating National POW/MIA Recognition Day, 10 a.m., Sept. 21, at the National Memorial Cemetery of the Pacific in Honolulu.

This day is a day of observance for all Americans to offer remembrance, honor and respect to service members who were prisoners of war and those who remain missing as a result of the nation's conflicts.

The 2012 national theme, "Until They Are Home," pays special tribute to the families of service members who have sacrificed and endured on behalf of their loved ones.

This year's program will be led by Johnie Webb, deputy to the commander for Public Relations and Legislative Affairs IPAC

More than 83,000 Americans are still missing from past conflicts.

Retired Col. William S. Reeder Jr., keynote speaker, was a prisoner of war during the Vietnam War. During his second tour in Vietnam, Reeder was shot down and captured May 9, 1972, by the communist North Vietnamese while on a combat mission in South Vietnam. He was released March 27, 1973, after being held captive for nearly a year.

Highlights of this year's ceremony include a wreathlaying ceremony, speeches and a rendition of taps played in honor of former prisoners of war and those still missing in action.

Falling directly under U.S. Pacific Command and employing more than 450 joint military and civilian personnel, JPAC continues its search for the more than 83,000 Americans still missing from past conflicts.

Since 2003, JPAC has identified more than 740 Americans. Combined with the efforts of its predecessor units,

See JPAC A-3

#### National POW/MIA Recognition Day Ceremony

This ceremony is 10 a.m., Sept. 21, at the National Memorial Cemetery of the Pacific. It's free and open to the public. Appropriate attire for the event is military Class B or service equivalent, civilian casual or aloha wear

Organizations are welcome to present wreaths or flowers in honor of the many sacrifices made by those who served the nation or who continue to serve faithfully. Wreaths must be delivered to the Punchbowl ceremony no later than 9:15 a.m., Sept. 21.

Call 448-1937 or visit www.jpac.pacom.mil.

# Advocate for financial health of service members visits Hawaii

JACK WIERS
Pau Hana Editor

SCHOFIELD BARRACKS — Hollister "Holly" Petraeus spoke from experience as a military spouse of 37 years and as the wife of a retired four-star general when she talked to Soldiers and family members, Sept. 7, about personal financial health and mission readiness.

"There are a lot of scams on the Internet, and no one to caution you, 'you're about to get ripped off."

-Holly Petraeus

Assistant Director, Servicemember Affairs Consumer Financial Protection Bureau

She also spoke plainly and candidly about the subject to senior leaders earlier that day as the director, Servicemember Affairs, for the Consumer Financial Protection Bureau.

She spoke first to senior leaders at the Nehelani, here, and then to a full ballroom of Soldiers and family members at a town hall forum where she fielded questions.

Her message was straightforward: Personal financial readiness is intertwined with mission readiness.

"Problems like suicide, spousal abuse ... also have a financial element involved," Petraeus said.

The CFPB's mission is threefold, she said: to educate, to monitor and address complaints, and to work with other federal agencies on behalf of the American consumer.

The newest federal agency, created in the aftermath of the



Holly Petraeus, wife of retired Gen. David Petraeus, CIA director, talks about financial scams and consumer responsibility during a round

table session at Schofield Barracks, Sept. 7.

2008 financial crisis, offers a 21st century recognition that "there

are a lot of scams on the Internet," Petraeus said, "and no one to caution you, 'you're about to get ripped off."

Whether the issue is bogus Internet job offers that request fees

See PETRAEUS A-3

# Wiercinski establishes mold task force

Prevention is everyone's job

DENNIS DRAKE

Director, U.S. Army Garrison-Hawaii Public Affairs

WHEELER ARMY AIRFIELD — Hawaii is a tropical paradise: perfect temperatures, lots of sunshine, a warm ocean and gentle breezes.

While those elements combine to make a wonderful environment, they also combine to produce an unwanted consequence: mold.

Mold is found virtually everywhere in our environment, indoors and outdoors, and in new and old structures.

Molds are naturally occurring microscopic organisms, which reproduce by spores. Without mold, we would be struggling with large amounts of dead, organic matter.

While we've lived with mold spores all our lives, Hawaii's continuous moisture and humidity can make excessive mold growth a problem in our homes, buildings and barracks. Inhaling mold

spores or touching mold growths can cause allergy symptoms in some people.

Fighting mold in Hawaii's humid climate is an ongoing battle. Lt. Gen. Francis Wiercinski, commander, U.S. Army-Pacific, recently directed that a mold task force be established to synchro-

nize the combined efforts of all Army Hawaii resources in this fight.

"This task force brings together the U.S. Army Garrison-Hawaii staff with all units and organizations and our on-post housing partner, Island Palm Communities," said Col. Daniel Whitney, commander, USAG-HI. "Combatting mold in a tropical environment requires that all our residents and organizations work together for

USAG-HI's Directorate of Public Works, or DPW, is the task force lead in providing training and mold remediation support for all installation organizations. IPC provides these same efforts for all on-post family housing.

See MOLD A-6

# 25th ID MPs to compete in Warfighter competition

success."

**SPC. ARIANA CARY** 25th Infantry Division Public Affairs

25th Infantry Division Public Affairs
SCHOFIELD BARRACKS — "Two canteens!" the sergeant first

class called out to the six military police standing before him.

Twelve canteens were held up to be inspected by cadre holding clipboards.

This equipment inspection was just one each MP completed at the 25th Infantry Division Warfighter Competition, here, Sept. 4-

The MPs are assigned to Headquarters and Headquarters Company, 3rd Brigade Special Troops Battalion, 3rd Brigade Combat Team, 25th ID.

Their three-day internal, preliminary competition would determine which of six MPs would attend the Armywide Military Police Warfighter Competition at Fort Leonard Wood, Mo., Sept. 15-20.

"The Provost Marshal's (Maj. Robert Barney, provost marshal, 25th ID) intent is to send the best MPs that the division has to offer to Fort Leonard Wood to represent the 25th ID and bring home the trophy," said Sgt. 1st Class Calvin Newman, operations sergeant, Provost Marshal Office, 25th ID, and noncommissioned officer in charge of the competition.

The MP Warfighter Competition at Fort Leonard Wood is a grueling four-day competition for MPs to display their skills in their warrior tasks and battle drills.

Shortly after the layout inspection, candidates appeared before

See MPs A-6



 $\textbf{Sgt. 1st Class William Sallette} \mid 25 \text{th Infantry Division Public Affairs}$ 

Spc. Brandon Hernandez, HHC, 3rd BSTB, 3rd BCT, 25th ID, assembles his radio at the first station of the 15-mile ruck march for the 25th ID MP Warfighter Competition at Schofield Barracks, Sept. 4.

#### Medal of Honor recipients gather in Hawaii, Oct. 1-6 | A-3

Events include two book signings at the Hale Koa Hotel in Waikiki. Tickets are available for the public.

Co. D, 53rd Sig. Bn. tours ship | A-7

SATCON Soldiers meet Navy counterparts at JBPHH. 9/11 remembered | B-1

USARPAC honors fallen at historic Palm Circle ceremony.



#### Say 'ouch!' | B-3

Mass flu shots planned for September-October. Conroy Bowl exercise begins Sept. 18.

Suicide should be

addressed with

dignity, respect

Stigma prevents serious discussion

WAYNE HANKAMMER

Suicide Prevention Program Manager, U.S. Army-Pacific

faces the threat of suicide, and like any battle, the Army

That's what we do: Gear up and get into the fight.

trains to defeat threats.

ture as human beings.

FORT SHAFTER — After a decade of battle, the Army

We identify targets and then engage with the best tactics

we have to prevail. This threat is no different. We shall

put every effort forward in the arena of suicide prevention.

problem." Therefore, we need human solutions, and that

means putting humanity into the equation.

The Secretary of Defense has said suicide "is a human

As a human problem, suicide affects us all, and it's go-

ing to take all of us to get involved as a culture. We need car-

ing and empathetic understanding to instill hope as em-

pathy provides human connection when empathy is need-

act. Stigma regarding suicide is embedded within our cul-

Stigma attaches shame and dishonor to a forbidden

Eliminating stigma isn't going to be easy. We have cen-

turies of history regarding suicide as "taboo" and, therefore,

outside the social norm by shunning those who choose sui-

Suicide, meaning self-murder, has for centuries im-

plied a crime has been committed. However, suicide isn't

a crime; it's a human tragedy needing human solutions to

culture reflects our society. We use words that inadvertent-

ly perpetuate stigma. For example, "committed suicide"

was recently a caption on the cover of a national magazine

with a Soldier playing taps. Combining these two words re-

duces a human life to one act, simultaneously judging the

However, using "died by" suicide or "completed" suicide

confers accuracy without shame. Using better words,

thoughtful words, will reflect respect for and dignity of

human life. There is neither success nor crime in death by

Seeking solutions is normal, so considering suicide as an option for interminable pain is part of that process. How-

ever, suicidal behavior signals danger. If we have an open culture, then it's also OK to tell your battle buddy, spouse, health provider or friend: "I just had a serious thought

When the discussion about suicide becomes open, re-

Ask your buddy

Have the courage to ask the question, but stay calm
Ask the question directly,

Care for your buddy

Actively listen to produce relie

Escort your buddy

Never leave your buddy
 Escort to the chain of command, a Chaplain, a behavioral health

GTA 12-01-003 May 2008

spectful and familiar, stigma will have no power.

act as shameful, as if a crime has been committed.

While stigma is often a barrier to care, we find our Army

get to the real issues behind the death.

about suicide. Can we talk?"

There is hope, but it's

U.S.ARMY Suicide Intervention

tion Month.

•8-9:30 a.m.

•1-2:30 p.m.

•3-4:30 p.m.

quirements for all.

TALK (8255).

•10-11:30 a.m.

Armywide Suicide "Stand Down"

Adult family members are welcome.

Call 655-9105 for more details.

•www.militaryonesource.mil.

•www.suicidology.org.

**Suicide Prevention Resources** 

Gen. Lloyd Austin III, Vice Chief of Staff of the Army,

U.S. Army Garrison-Hawaii personnel must attend

has ordered an Armywide suicide prevention "stand

down," Sept. 27, as part of the Army's Suicide Preven-

one of four suicide prevention stand down sessions,

Sept. 27, at Sgt. Smith Theater, Schofield Barracks.

This training satisfies annual Suicide Prevention re-

Government agenicies and national organizations

•National Suicide Prevention Hotline, (800) 273-

offer a variety of suicide prevention tools and resources:

•www.armyg1.army.mil/hr/suicide/default.asp.

going to take our culture

to make it happen.

that seeks solutions to problems

#### We want to hear from you...

The Hawaii Army Weekly welcomes articles from Army organizations, announcements from the general public about community events of interest to the military community, and letters and commentaries.

If you have newsworthy ideas or stories you'd like to write, coordinate with the managing editor at 656-3156, or e-mail editor@ hawaiiarmyweekly.com.

The editorial deadline for articles and announcements is the Friday prior to Friday publications. Prior coordination is

Articles must be text or Word files with complete information, no abbreviations; accompanying photographs must be digital, high resolution, jpeg files with full captions and bylines

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#### **53** days since last fatal accident

Number represents fatal accidents as defined by Army Regulation 385-10, which is inclusive of all active component U.S. Army units and personnel. Current as of 09/14/12.

# **Back to basics means** selfless service, daily

SGT. MAJOR OSVALDO PONZO

Operations Sergeant Major 18th Medical Command (Deployment Support)

In keeping with our Army's leadership back to basics drive, I would like to discuss an Army value that personally means a lot to me: selfless service.

If the Army is truly striving to get back to basics, so as to make us a more professional organization, we need to also

focus on the concept of selfless service.

The term selfless service is a combination of two separate, distinct words and is represented by the letter "S": in the Army value's acronym LRDSHIP (loyalty, duty, respect, selfless service, honor, integrity and personal courage). The Army established this acronym to give

Soldiers a basic value system that we could all collectively use, and live by, daily. The Army Values describe selfless service as to "put the welfare of the nation, the Army, and your subordinates before your own." I link good citizenry with selfless service, as I believe they go hand-in-hand for those serving

in uniform. Good citizenry, to me, as an immigrant to this country, begins with love of country and all it stands for. Good citizenry builds upon the appreciation for our nation, accepting its failures along with

its successes, and results in a sense of unity with one another as fellow Americans. Successful citizenry creates recognition of the importance of the collective community and its members over The welfare (or needs) of the few becomes secondary to those of the community. I believe

that this is very closely related to what the Army



We can also easily apply the tenants of selfless service to today's Army. How many people joined the Army and other branches of the mil-

Values refers to by "put the welfare of the Nation,

the Army, and your subordinates before your

itary in the days and months following the horrific events of 9/11? They joined during a time of war and with

no immediately known end to hostilities. That's a great example of selfless service to me. Despite the indiscipline issues in our Army, I

am still in awe of those serving in uniform because they serve knowing that they possibly risk limb and life in overseas contingency opera-

In the 18th Medical Command, we consistently emphasize the Army Values and professionalism. We successfully use the Noncommissioned Officer Development Program, the Officer Professional Development Program and leader training/leader development programs as opportunities to coach, mentor and train in our Army Values. Also, Army Values and professionalism is one of the many subject areas for our promotion boards and topics of "oak tree coun-

Our absence of Uniform Code of Military Justice violations and discipline issues reflects a level of moral success that I am proud of. I believe my unit leadership genuinely wants us to be the best Soldiers we can be in the service to our country. This is also demonstrative of our unit's

As overseas contingency operations wind down and the Army restructures, we as an organization will need to re-establish and enforce many important standards. I believe that we will need to retain only the best-qualified Soldiers who not only know the Army Values but live them as well. A back to basics campaign will help us get there.

# FINTSTEPS in FAITH

# Cooperation is a key to success

CHAPLAIN (LT. COL.) DONALD EUBANK U.S. Army Garrison-Hawaii

I often enjoy listening to Charles Osgood, longtime anchor of "CBS News Sunday Morning.'

Mr. Osgood's daily news commentaries, called "The Osgood File," are three-minute stories ranging from breaking developments of national importance to whimsical human interest vignettes.

Recently, Mr. Osgood told the story of two elderly women who lived

in a convalescent center. Each had suffered an incapacitating stroke.

Eubank

Margaret's stroke left her left side restricted and paralyzed, while Ruth's stroke damaged her right side. Both of these women had been dedicated musicians and accomplished pianists, but had long since given up the hope of ever playing again.

After learning from family members that both

Margaret and Ruth had been pianists before their strokes, the director of the convalescent center encouraged the two women to sit down at the piano together.

Their first few attempts were awkward and confusing. The attempts ended with the two women doubting their abilities to make music together would ever work.

A little persistence and patience paid off.

After a few weeks of practice, Margaret and Ruth were playing together so beautifully that they began providing afternoon "mini-concerts" at the center. They were able to give the gift of music back to each other and to their friends and families.

A treasured friendship developed between these two women. Their life stories were dramatically changed because of how they learned to work together.

These two women offer us a great picture of our need and the potential benefits when we work together. What one member of our unit or organization cannot do alone, perhaps two or three will find an easy task, with great results.

We might even find ourselves working, like Margaret and Ruth, in perfect harmony.



What do I do?

If a hurricane is underway, be ready to re-

- •Stay tuned to the radio, TV or social me-
- dia sites for more information. •Secure your home, bring in furniture
- and close storm shutters. •Ensure you have enough water for

household purposes. •Stay away from windows and doors. Do

- not go outside until instructed to do so
- •Report to your chain of command when you are in a safe place. Be prepared for a hurricane

For updates or in the event of a real inci-

- dent, take these actions: •Turn to installation channel TV2;
- Visit www.facebook.com/usaghawaii;
- •Follow www.twitter.com/usaghawaii;
- •Use www.ready.army.mil to get a kit, make a plan and stay informed.

## To me, it means being proud of where you come

Spc. Dustin Johnson



"Getting to vote and being able to make that choice."



proud to be a citizen of the greatest country in the world. I'm also happy about all the freedoms and opportunities this country gives us."

"It makes me very

Sgt. Maj. George Walker 94th AAMDC

Constitution/Citizenship Day is Sept. 17.

"What does being a U.S. citizen mean to you?"

Photos by 94th Army Air and Missile Defense Command Public Affairs

"It means voting freedom and having a say in everything, such as my child's education/ school."

Charlene Gilmore 94th AAMDC Family member



"Being an American citizen gives you freedom that you can't get anywhere else."

Spc. Nadine **Gonzalez** 94th AAMDC



94th AAMDO

## Petraeus: Fiscal education necessary

#### CONTINUED FROM A-1

for background checks, predatory lenders or outright fraud, the CFPB was designed as an enforcement arm of the Federal Reserve Board.

"Complain to us," is her advice.

The wife of the current CIA director, retired Gen. David Petraeus, she recognized the need for Soldier and family member financial education during her husband's first deployment as a first lieutenant at Fort Campbell, Ky. She has worked throughout her career supporting military family programs with an emphasis on consumer ed-

Command Sgt. Maj. James Westover, senior enlisted leader, 3rd Squadron, 4th Cavalry Regiment, 3rd Brigade Combat Team, "Bronco Brigade," 25th Infantry Division, related a story at a round table discussion. He spoke of a Soldier owing double what his car was worth, and then, to compound the problem, the Soldier's being unable to have his car shipped to his next duty station, due to bank restrictions on cars leaving the islands with outstanding debt. Coordination with the bank and state agencies was offered as a means to address the second half of the problem. But fiscal education was also stressed.

"(The round table forum) was great," Westover said. "This is people talking about Soldiers and

"(This is about) finding out what's working and what's not working," said Col. Daniel Whitney, commander, U.S. Army Garrison-Hawaii, and host of the round table discussion. "The garrison, through our Financial Readiness programs at ACS (Army Community Service), is increasing our commitment to support fiscal

During the six years prior to her current position, Petraeus served the Councils of the Better Business Bureaus in a similar capacity. She provided consumer education and advocacy for service members and their families.



Holly Petraeus, wife of retired Gen. David Petraeus, listens to a Soldier's question during a session at Schofield Barracks aimed at tackling issues about financial scams and consumer responsibility.

As the current CFPB director of Servicemember Affairs, her measured demeanor belies a passionate advocacy on behalf of the military community to teach fiscal responsibility to Soldiers and family members.

"(We) can't put a Band-Aid on the problem," Petraeus said. "We have to get to the root."

Her four-day stop in Hawaii featured similar round table discussions and town halls at Joint Base Pearl Harbor-Hickam and Marine Corps Base Hawaii, Kaneohe Bay.

#### **CFPB**

nancial Protection Bureau, visit www.con sumerfinance.gov or write to info@con sumerfinance.gov

To learn more about the Consumer Fi-

# **Living MOH recipients to** be honored in Honolulu

#### COMMUNICATIONS PACIFIC News Release

HONOLULU - More than 50 of America's 81 living Medal of Honor, or MOH, recipients will be honored at the 2012 Medal of

Honor Society Convention, here, Oct. 1-6. Recipients from World War II up to the current conflict in Afghanistan will attend.

The Medal of Honor is the highest award for valor that can be bestowed upon a member of the U.S. armed forces. During the past 151 years, fewer than 3,500 recipients have been awarded the medal. Only 81 living recipients remain today, including two from

The Medal of Honor Society gathers each year to reunite living members as they continue their legacy of inspiring our youth, honoring patriots and memorializing those recipients who have passed.

"We are truly humbled and proud to share the ohana culture, traditions and splendor that is distinctly Hawaii with our nation's most revered heroes," said retired Navy Admiral Thomas Fargo, co-chairman of the convention's host committee and former commander, U.S. Pacific Command.

"We are profoundly grateful to our supporters who are making it possible to create a once-in-a-lifetime tribute befitting these great men and their families," he added.

The convention will be funded entirely by contributions, with more than a dozen corporate sponsors already committed as contributors. The convention will feature public and private events and activities in and around Honolulu, including community outreach activities to students and veterans.

Events include book signings open to the public, Oct. 6, at the Hale Koa Hotel in Waikiki. MOH recipients will meet and greet the public during these two signing sessions.

"It truly is a once-in-a-lifetime opportunity to come face-to-face and meet these extraordinary men who were willing to sacrifice their own lives to save others," Fargo said.

"As a company with a mission to serve those who serve, there is no event more deserving of our support than the Medal of Honor Convention," said David J. McIntyre Jr., president and CEO, TriWest Healthcare Alliance, one of the convention's sponsors.

McIntyre also serves as co-chairman of the convention's host committee.



The Medal of Honor is the highest award for valor that can be bestowed upon a member of the U.S. armed forces.

"These are humble men of incredible character," McIntyre said. "They embody the true meaning of heroism, and reinforce the values of courage, sacrifice and freedom.

(Editor's Note: Compiled from Communications Pacific news releases.)

#### **MOH Recipient Book Signing**

MOH recipients will meet and greet the public during two book signing sessions: 9-11 a.m. and 11 a.m.-1 p.m., Oct. 6, at the Hale Koa Hotel in Waikiki.

This event is open exclusively for those who purchase tickets in advance. Only 500 tickets for each session will be sold. Tickets will not be sold at the

Each ticket also includes a Medal of Honor quote book, which recipients can sign at the event.

Tickets for the event are \$20 and can be purchased at www.MedalofHonor Convention2012.com



#### JPAC: Event gives tribute to families Specialized investigative and archaeological CONTINUED FROM A-1

close to 1,830 Americans have been identified since the accounting effort began in the 1970s.

The ultimate goal of the Joint POW/MIA Accounting Command, and of the agencies involved in returning America's heroes home, is to conduct global search, recovery and laboratory operations in order to support the Department of Defense's personnel accounting efforts.

recovery teams deploy worldwide to search for Americans who remain unaccounted for from World War II and the Vietnam War. JPAC teams are currently deployed to Korea,

Belgium and Vanuatu. A mission to Papua, New Guinea, is scheduled to return to JBPHH soon; a Vietnam mission has already returned to Hawaii.

(Editor's Note: Compiled from JPAC and U.S. Navy news releases.)

# 8th TSC paralegals train for USARPAC competition

Story and photo by **SPC. TIFFANY FUDGE** 

8th Theater Sustainment Command Public Affairs

ALIAMANU MILITARY RESERVATION — Paralegal Soldiers from throughout 8th Theater Sustainment Command came together, here, to ruck, board and test to prepare for the U.S. Army-Pacific paralegal competition, recently.

"The Paralegal Warrior Challenge is for all paralegal Soldiers to compete in and show what we're made of," said Sgt. Rebecca Holland, paralegal noncommissioned officer, 8th MP Battalion, 8th MP Brigade, 8th TSC.

"I think it's important for paralegals to participate in competitions like this because it showcases ... things that we do on a daily basis for our command teams," Holland said. "It gives us the opportunity to show that we are not just 'office geeks'; we are also Soldiers"

As the sun beat down, the Soldiers first pushed their way through the physical training test and the ruck march.

Next, the Soldiers tested their military knowledge and skills by taking a written test.

Senior paralegal NCOs also tested candidates' knowledge by asking questions.

"They're all doing really well," said Master Sgt. Gerome Klein, chief paralegal NCO, 8th TSC. "They're not used to having a board process directly after physical challenges, so it's getting them prepared for the USARPAC challenge, which is actually a weeklong challenge.

"What this does is, it also lets the command elements — whether it is a company first sergeant, company commander, brigade command sergeant major or commanders — know that their paralegal is also a Soldier," Klein continued. "They are skillful and they're drilled in their common Soldier tasks. They bring that to the fight, as well as their legal expertise."

"We don't get to see each other a lot, but we are all friends and we maintain those friendships," said Spc. Jessica Gaines, parale-



Sgt Rebecca Holland (right), paralegal NCO, 8th MP Bn., 8th MP Bde., 8th TSC, knocks out pushups as part of the Paralegal Warrior Challenge at AMR, recently.

gal specialist, Headquarters and Headquarters Company, 45th Sust. Brigade, (Rear Detachment). "It's good to come out here, and it doesn't matter if we win or lose."

All candidates who participated in the 8th TSC event will represent their respective units in the USARPAC competition in late September.

# 94th AAMDC travels to ROK for 'Ulchi Freedom Guardian'

### Annual exercise helps build solidarity

SGT. LOUIS LAMAR

94th Army Air and Missile Defense Command Public Affairs

 $FORT\,SHAFTER-Conducting\ combined\ command\ post\ exercise\ training\ helps\ Soldiers\ stay\ prepared\ for\ real-world\ situations\ and\ future\ exercises.$ 

Thus, Soldiers from the 94th Army Air and Missile Defense Command participated in "Ulchi Freedom Guardian," an exercise held at Combined Forces Command and Republic of Korea military installations throughout South Korea, Aug. 20-31.

UFG enhances the combat readiness of ROK and U.S. supporting forces through combined and joint training while improving ROK and U.S. combat readiness and joint/combined interoperability.

Junior and senior Soldiers benefited from the training.

"My role in UFG was to support my noncommissioned officers in providing products to the 94th AAMDC commanding general, so that they could keep track of information that was needed during the exercise," said Pfc. Joseph McGinnis, intelligence analyst, 94th AAMDC.

"My role as a planner was to work with the combined theater air and missile defense group so that any action that happened during the battle could be planned out 96 hours ahead of time," said Staff Sgt. Christopher King, Korea team planner, 94th AAMDC. "It showed me higher echelons of how our partnership works and all the steps that each echelon needs to perform in order to help out the fighting force on the ground."

"This exercise helped me to get more experience under my belt," McGinnis added. "It helped me understand the integration between us and the Air Force and how they can help us and how we can help them. It made everything have a complete circle."

Exercises like UFG also help to foster relationships and build solidarity of missile defense within the U.S. Pacific Command's area of operations.

"UFG is important for relations between different countries ... to support one main goal, which is to defeat the enemy," McGinnis said.

"The U.S. has a caring relationship with foreign countries. We are there to support them, and we care what happens to them and their people," King added.

The 94th AAMDC's mission is to deploy in the PACOM area of responsibility and conduct joint and combined theater air and missile defense in support of designated operations plans and contin-



Pfc. Chelsea Martin (left), cook, HHC, 225th BSB, 2nd SBCT, 25th ID, provides breakfast to 1st Sgt. Justin Stewart, HHC, 1-27th Inf. Regt., 2nd SBCT, 25th ID, at Rodriguez Live Fire Complex, South Korea, Sept. 1.

# 225th BSB cooks, mechanics support 'Wolfhounds' in ROK

Story and photo by SGT. DANIEL JOHNSON 2nd Stryker Brigade Combat Team Public Affairs, 25th Infantry Division

RODRIGUEZ LIVE FIRE COMPLEX, South Korea — "Wolfhounds" have everything they need.

Soldiers of the 225th Brigade Support Battalion, 2nd Stryker Brigade Combat Team, 25th Infantry Division, ensured that the 1st Bn., 27th Inf. Regiment, "Wolfhounds," 2nd SBCT, were fully equipped and fed during "Operation Wolfhound Maul," July 31-Sept. 9, here.

The 225th BSB, 2nd SBCT, provided a maintenance team and a field feeding team to help the Wolfhounds accomplish their mission.

"We do everything we can to serve the Soldiers," said Staff Sgt. Kevin Wethly, dining facility manager, 225th BSB, 2nd SBCT. "Sometimes, the (weapon firing) ranges run long or start early, so we do whatever we can to ensure everyone gets fed."

"It is important for us to identify the problems with the vehicle as quickly as possible, so we can get them back out there fast, so they can train," said Pfc. Thomas McAllister, mechanic, 225th BSB, 2nd SBCT.

Along with providing mission critical support to the Wolfhounds, 225th BSB, 2nd SBCT, is also helping to keep troops motivated and their morale high.

"What we do here helps to improve the morale of the Soldiers that are training," said Spc. Destiny McNeil, cook, 225th BSB, 2nd SBCT. "They know there will be hot food waiting for them when they return."

It isn't just the Wolfhounds that are getting tough and realistic training here in Korea. Support elements are getting real-world experience, too.

"What we do here in the field is what we will be doing during deployment operations," Wethly explained. "It isn't just the unit we're sup-

"It is important for us to porting that gets training; we entify the problems with the are training, as well."

"Garrison life isn't the only life in the Army," said Sgt. Rodger Jachim, team leader, mechanics detachment, 225th BSB, 2nd SBCT. "This is a much different training environment than we would see back home."

"I went to an automatic weapons range for the first time," McNeil said. "I qualified on a squad automatic weapon on my first attempt. It was pretty awesome."

"We've been doing a lot of cross-training so that in a pinch our guys have a little bit of experience working on a lot of different systems," said Jachim. "We are much more adaptable now."

# Army engineers survey 'Last Frontier' airfields

Story and photo by **1ST LT. J.C. WRIGHT** 

130th Engineer Brigade, 8th Theater Sustainment Command

JOINT BASE ELMENDORF-RICHARD-SON, Alaska — Surveyors from the 130th Engineer Brigade, 8th Theater Sustainment Command, recently traveled to Alaska to help keep multimillion-dollar Air Force fighter jets and cargo planes based, here, flying safely.

Soldiers from the Technical Headquarters Section, Headquarters and Headquarters Company, and the 142nd Survey and Design Detachment — both of the 84th Eng. Battalion, 130th Eng. Bde. — surveyed two runways and more than 50 obstructions in support of the National Geospatial-Intelligence Agency, or NGA, airfield study, which certified the Elmendorf airfield, here, safe to operate.

Throughout this mission, normally reserved for contractors who specialize in airfield surveys, Sgt. 1st Class Dwight Hart, technical engineer, THS, HHC, 84th Eng. Bn., 130th Eng. Bde., said the team excelled and accomplished its tasks within a tight schedule. The team's efforts earned it deserved praise from the NGA.

"I've been an Army surveyor for over 13 years and surveyed more than seven Army airfields," Hart said. "I must say that this is the most extensive training that I've ever re-

ceived from any one mission. We were very fortunate to have two civilians from NGA to train and mentor the team."

One mission involved reaching remote airfields throughout Alaska — desolate areas where few people ever have access.

Soldiers traveled by C-12 aircraft to longrange radar sites, or LRRS, located along the western coast and interior of the state, known as "the Last Frontier." Soldiers completed one LRRS in as little as two days, a job that normally can take up to three days, and they properly surveyed the airfield.

"The missions to the LRRSs were an experience I'll never forget," said Spc. Daniel Nunez, technical engineer, THS, HHC, 84th Eng. Bn., 130th Eng. Bde.

"As a team, we were able to get a good system set in place to work efficiently and effectively," Nunez said. "I was able to see what it takes to survey an airfield from start to finish and the proper procedures that go with these types of precision surveys."

"The on-the-job training that I was able to receive was more valuable than any training I've had in the past," Nunez said.

"I wasn't sure what to expect because I haven't spent much time doing airfield surveys, other than what we do during Sergeants Time Training," said Spc. Richard Ohman, technical engineer, THS, HHC, 84th Eng. Bn., 130th Eng. Bde. But nothing compares to on-the-job experience."



Sgt. Erik Stenslien (far left) and Sgt. Eric Rohr (far right), both technical engineers from THS, HHC, 84th Eng. Bn., 130th Eng. Bde, 8th TSC, measure the center of navigational markers during a runway survey mission at JBER, Alaska, recently.

## News Briefs

Send announcements for Soldiers and civilian employees to community@ hawaiiarmyweekly.com.

#### Today

K Quad DFAC — The "Grab and Go" area in the K Quad dining facility is now open 7:30-9 a.m., daily, for breakfast and 11:30 a.m.-1 p.m. for lunch. A Lumber Jack breakfast meal, and breakfast sandwiches are featured in the morning, and pizza and assorted hot and cold sandwiches are offered for lunch.

Menus are subject to change based upon popularity and availability. Grab and Go is closed for dinner, weekends and holidays.

This service is free for meal cardholders. For noncardholders and civilians breakfast is \$2.45; lunch is \$4.55.

#### 15 / Saturday

WAAF Power Shutdown — A scheduled power shutdown, 7 a.m.-5 p.m., Sept. 15, will affect all of Wheeler Army Airfield. The Hawaiian Electric Company will be inspecting and performing routine maintenance of its substation transformer. Call 656-3065.

#### 18 / Tuesday

Flu Vaccinations — All active duty Soldiers and critical Army civilian employees are required to get their flu vaccine during the mass flu vaccination exercise, Sept. 18-20. Vaccination sites are scheduled on all military installations.

Tricare beneficiaries can

begin receiving their flu vaccine at military medical treatment facilities, Sept. 21; vaccines will be available at post exchanges throughout October and at local schools in October and November.

For a complete listing of clinic operating hours or scheduled vaccinations at post exchanges, visit www.tamc. amedd.army.mil/flu.

See NEWS BRIEFS A-7

# MPs: Challenge determines best MPs

#### **CONTINUED FROM A-1**

an oral board to be graded on general military knowledge. Later that evening, candidates participated in a 15-mile ruck march. This march was integrated with subtasks, such as disassembling and reassembling individual weapons, applying restraints and carrying an ammo can.

Two candidates were eliminated.

"We don't really know how to feel," said a tired Sgt. Thomas Goheen, MP, HHC, 3rd BSTB, 3rd BCT, and a competitor. "We don't know what's coming next."

The next morning, after three hours of sleep, the remaining four candidates headed out for more tasks, such as simulating the set up of an M-18 claymore mine and then running six miles.

After a quick breakfast, candidates qualified with their M-4 carbine rifles. After weapons qualification, they were blindfolded and then disassembled and reassembled their M-9 pistols.

"When you get back to your units after this, you'll be able to look anyone in the face and say

#### Warfighters

MPs with HHC 3rd BSTB, 3rd BCT, are representing the Tropic Lightning Division at Fort Leonard Wood, Mo.:

Sgt. Thomas Goheen

Spc. Brandon HernandezPfc. Daniel McNamara

'You're weak; you didn't even try!'" said New-

man, in order to motivate candidates during physical training later that day.

On the third day, after completing more events, candidates ran to the 25th ID memorial, located at the division's headquarters, here. The run signaled the completion of the competition

After 72 hours of intense activity and only a few hours of sleep, three MPs were selected to represent the 25th ID at Fort Leonard Wood: Sgt. Thomas Goheen, Spc. Brandon Hernandez and Pfc. Daniel McNamara, all from HHC, 3rd BSTB, 3rd BCT.

The trio will compete at the MP Warfighter Competition at Fort Leonard Wood, Mo.



**Spc. Ariana Cary** | 25th Infantry Division Public Affairs

AREA X — Sgt. Thomas Goheen, squad leader, HHC, 3rd BSTB, 25th ID, reassembles his M-9 pistol while blindfolded as part of the 25th ID MP Warfighter Competition at Schofield Barracks, Sept. 4.

# Mold: USAG-HI, IPC offer resources

#### CONTINUED FROM A-1

Initiatives throughout Army Hawaii include education on mold prevention; inspection of on-post buildings, facilities, barracks, community centers and housing; and mold remediation efforts — all combining to provide a constant surveillance and elimination of mold, as needed.

Each week, USAG-HI holds a Barracks Synchronization Meeting with representatives from all installation units. This forum is used to discuss any barracks maintenance issue, including mold.

USAG-HI further coordinates training of unit and maintenance management personnel to prevent, detect and remediate mold in all barracks and on-post buildings. Also, when Soldiers are assigned a barracks room, they are provided with information on mold prevention, detection and mediation.

"We also conduct a weekly barracks inspection, looking at a different building each week," said Col. Jay Hammer, executive officer, USAG-HI. "These inspections include the DPW staff, the unit's building representative and a member of the unit's chain of command."

Hammer noted these inspections cover the overall condition of the barracks with a focus on the Soldiers' living quarters.

"We check for mold and mildew and the serviceability of furnishings and utilities," he said. "We work together with the unit to ensure a clean-safe-secure environment for our Soldiers."

"These weekly walk-throughs and spot checks of common areas will continue to be conducted to detect mold and other maintenance issues," said Carol Jones, chief, Housing Division and project manager, Residential Communities Initiative, DPW.

IPC offers resident training in mold prevention and has comprehensive mold information in its Resident Guide and Community Standards Handbook. For mold remediation efforts, IPC uses its in-house maintenance staff for minor occurrences and a licensed mold remediation subcontractor for larger requirements.

"The fight against mold really begins with you, the individual," said Whitney. "The garrison and all units in Army Hawaii are committed to providing the support you need, but it's the simple steps each of us can take at home or work to help prevent the spread of mold."

Mold thrives in moisture and needs a food

"Combatting mold in a tropical environment requires that all our residents and organizations work together for success."

— Col. Daniel Whitney Commander, USAG-HI

source to flourish, such as cloth, cardboard, wood or wallboard. When indoor moisture is not dried promptly, molds can reproduce quickly.

The key to mold control is moisture conrol:

•When running an indoor air conditioner, shut all windows; otherwise moisture and dust will be drawn inside.

•Indoor temperatures should be set at 72-74 degrees as too low a temperature with high outside humidity can cause more moisture and mold growth inside.

•Use bathroom exhaust fans when showering.

•Eliminate any damp or moist surfaces; look for water leakage under sinks and faucets.

•Clean dusty areas as they can attract mold spores; keep homes and work areas free of dust build-up.

•Watch for visible mold growing on walls, ceilings, carpet, cabinets and furniture.

For mold remediation in barracks or onpost buildings, Soldiers should contact their unit's Barracks Management Representative or facility manager.

For on-post housing, residents should contact their assigned community manager.

#### Resources

Army Hawaii offers the following additional resources to learn more about mold:

- •IPC has mold information on its website at www.islandpalmcommunities
- •More information on mold prevention and remediation can be found at DPW's website: www.garrison.hawaii. army.mil/sustainability/FAQ.aspx#M OLD.

# SATCON trades land for water; tours Navy ship

2ND LT. RAENA GUERRERO

Company D, 53rd Signal Battalion, 1st Space Brigade (Satellite Control), Space and Missile Defense Command/Army Strategic Command

IOINT BASE PEARL HARBOR-HICKAM — Soldiers with Company D, 53rd Signal Battalion, 1st Space Brigade, (Satellite Control), Space and Missile Defense Command/Army Strategic Command, visited the guided-missile destroyer, USS Chung-Hoon, here, recently.

"This becomes useful in improving our customer service."

- Staff Sgt. Jacob Hackenberg Co. D, 53rd Sig. Bn., 1st Space Bde., USASMDC/ARSTRAT

These Soldiers are satellite control operators who work at a Wideband Satellite Operation Center, or WSOC, in Wahiawa.

They monitor the entire space network and provide pertinent customer service to ensure all satellite communication missions are supported in the Pacific theater.

When underway, Navy ships in the Pacific depend on Co. D, 53rd Sig. Bn., 1st Space Bde., to ensure they get the satellite communications they've requested.

This tour was scheduled so Soldiers could gain insight into the daily life of the telecommunications Sailors aboard a ship.

Navy Lt. Peter Lesaca, combat systems officer, USS Chung-Hoon, led the tour.

'Guided-missile destroyers are multi-mission, anti-air warfare, antisubmarine warfare and antisurface warfare surface combatants," Pelsaca explained.

When the USS Chung-Hoon is under attack, satellite communications provide capabilities for command and control, intelligence, surveillance and reconnaissance, he added.

After seeing the three levels of sleeping racks and a minimal amount of shower space, Spc. Ryan McNeal, Co. D, 53rd Sig. Bn., 1st Space Bde., said, "I'll never complain about the barracks again!"

"This tour gave our satellite controllers working knowledge of the warfighters' types of equipment and communication capabilities," said Staff Sgt. Jacob Hackenberg, operations noncommissioned officer, Co. D, 53rd Sig. Bn., 1st Space Bde. "This becomes useful in improving our customer service," Hackenberg said. "When operators see a satellite access authorization for a user like the USS Chong-Hoon, we now have personalized them and will continue to build working relationships."



Photo courtesy of Co. D, 53rd Sig. Bn., 1st Space Bde., USASMDC/ARSRAT

Soldiers with Co. D, 53rd Sig. Bn., 1st Space Bde., USASMDC/ARSTRAT, stand under the artillery on the deck of the guided-missile destroyer USS Chung-Hoon at JBPHH, recently. The Soldiers traveled from the WSOC, located in Wahiawa, to tour the communications section of the ship and meet with the Sailors on

## **News Briefs**

**CONTINUED FROM A-5** 

**CID Recruitment** — The Army's Criminal Investigation Command, or CID, is seeking qualified, high-caliber Soldiers for CID special agents.

Recruiting briefings are at 9:30 a.m., Tuesdays, at the Hawaii CID Office, Bldg. 3026, Schofield Barracks. Visit www.CID.army.mil, call 655-1989 or email jesus.goytia@us.army.mil.

#### 21 / Friday

**POW/MIA Ceremony** — The Joint POW/MIA Accounting Command will honor former prisoners of war and fallen U.S. personnel who remain missing in action, 10 a.m., Sept. 21, during a ceremony commemorating National POW/MIA Recognition Day at the National Memorial Cemetery of the Pacific.

This event is free and open to the public; orga-

nizations are welcome to present wreaths or flowers in honor of the many sacrifices made by those who served our nation.

Presentations must be delivered to the Punchbowl ceremony no later than 9:15 a.m., Sept. 21. Call Elizabeth Feeney at 448-1937.

#### 29 / Saturday

National Take Back Initiative — Turn in your unused or expired medications for safe, anonymous disposal, 10 a.m.-2 p.m., Sept. 29, at the Schofield Exchange, near the Flower

Other NTBI locations include the Pearl Harbor Navy Exchange main lobby, Mililani Town Center's bandstand area and Hawaii State Capitol's South King Street side.

#### 30 / Sunday

Gold Star Mother's Day - Gold Star mothers and family members will present a Lei of Honor and Remembrance ceremony at the base

of the Lady Columbia statue, 10:30 a.m., Sept 30, at Punchbowl cemetery as part of the national Gold Star Mother's Day observance.

A blessing ceremony and words of remembrance will be provided. The public is invited.

Call 438-9285.

#### October 6 / Saturday

Medal of Honor — Tickets can be purchased now for the 2012 Medal of Honor Convention,

This event features more than 50 Medal of Honor recipients who will be available for a book signing open to the public.

Tickets for the event are \$20 and can be purchased at www.MedalofHonorConvention

Recipients will meet and greet the public during two signing sessions: 9-11 a.m. and 11 a.m.-1 p.m., Oct. 6, at the Hale Koa Hotel in Waikiki.

Only 500 tickets for each session will be sold. Tickets will not be sold at the door.

#### **Ongoing**

Suicide Prevention — The National Suicide Prevention Lifeline is a free, 24-hour crisis intervention hotline at (800) 273-TALK (8255), and at www.suicidepreventionlifeline.org.

Each is available to anyone in suicidal crisis or emotional distress, to include all military members and their families.

Personal Relationship Worries — Tripler Army Medical Center's marriage and family therapists, as well as licensed clinical social workers, provide individuals, couples and family counseling. TAMC can help with communication, conflict resolution, parenting and deployment

No referrals are required. Call 433-6606 for more information.

# HAWAI'I ARWY WEEKLY

# PAUHAN

"When work is finished."

www.hawaiiarmyweekly.com

FRIDAY, September 14, 2012



Spc. Tiffany Dusterhoft | 8th Theater Sustainment Command Public Affairs



 $\textbf{Spc. Tiffany Dusterhoft} \mid 8 \text{th TSC Public Affairs}$ 



3rd Brigade Combat Team, 25th Infantry Division Public Affairs



3 - SCHOFIELD BARRACKS — Col. Brian Eifler (front right), commander 3rd Brigade Combat Team, 25th Infantry Division, salutes during the national anthem to honor the fallen during a ceremony here, Sept. 11.

FORT SHAFTER — Members from the U.S. Army-Pacific flag detail lower the American flag during the 9/11
 Remembrance Ceremony at Palm Circle, Sept. 9.
 FORT SHAFTER — The USARPAC flag detail folds the American flag during the 9/11 Remembrance Ceremony.

**Patriot Day in Photos** 

4 - FORD ISLAND — Wearing the unit's blue T-shirts, Soldiers and family members from 8th Special Troops Battalion, 8th Theater Sustainment Command, run in formation during the Stephen Siller Foundation 5K Tunnel to Towers Run, here, Sept. 8.

Siller was a firefighter who responded to the 9/11 attack on the Twin Towers, but couldn't travel beyond the Brooklyn Battery Tunnel due to traffic. Refusing to give up, he exited his truck and ran through the tunnel with 60 pounds of firefighting gear strapped to his back. He later lost his life.

Similar events honoring his memory were held throughout

Sgt. Maj. Jonathan Napier | 8th Special Troops Battalion; 8th TSC

worship Services

Additional religious services, children's programs, educational services and contact informa-

www.garrison.hawaii.army.mil. (Click on "Religious Support Office" under the "Directorates and Support Staff" menu.)

> Aliamanu Chapel Fort DeRussy Chapel

Helemano Chapel

Main Post Chapel,

Schofield Barracks

Pearl Harbor

WAAF: Wheeler Army Airfield

Chapel

•First Sunday, 1 p.m. at FD

•Thursday, 9 a.m. at AMR

•Fourth Sunday, 1 p.m. at MPC

**Buddhist Services** 

**Catholic Mass** 

TAMC: Tripler Army

Soldiers' Chapel,

Schofield Barracks

Medical Center Chapel

Aloha Jewish Chapel,

tion can be found at

AMR:

HMR:

MPC:



## **Briefs**

#### **Today**

Basketball Court Closure — The Martinez PFC will be closed through Sept. 16 to recoat the court. The gym will reopen 11 a.m., Sept. 17. Call 655-4804.

#### 15 / Saturday

**Adventure Surf Lessons -**Don't leave the island without learning Hawaii's quintessential sport of surfing, with Outdoor Recreation, from 9 a.m.-1 p.m. ODR provides everything but the sunscreen and snacks for \$54. Slots fill quickly; maximum 12 per class. Call 655-0143.

#### 16 / Sunday

NFL Sunday Ticket Kickoff — Come to the Tropics on Sundays and catch all the games. Facility opens a half hour before the first game starts. Patrons 18 and older are welcome; call 655-5698.

Sunday at the Clubs — Enjoy Sunday breakfast at Kolekole Bar and Grill, SB, from 9 a.m.-1 p.m., or Sunday brunch at the dining room at the FS Hale Ikena, 10 a.m.-1 p.m. Call 655-4466, SB, or 438-1974, FS.

#### 17 / Monday

Monday Night Football — Enjoy \$5 football pupu platters and prizes at the Nehelani, SB. Event is open to all ages. Mongolian barbecue starts at 5 p.m., Mondays. Call 655-4466.

#### 20 / Thursday

Operation Rising Star — Support Soldiers and family members while they sing their hearts out, 5 p.m., Sept. 20, during the semifinals at the SB Nehelani showroom. Finals are scheduled for Sept. 27. Call 655-5698.

Third Thursdays — Different tastings are scheduled every third Thursday of the month at the Nehelani, SB. Doors open at 6 p.m., Sept. 20, for Oktoberfest. Cost is \$18 per person, which includes dinner.

Event is for ages 21 and older. Reservations are suggested. Call 655-

#### 28 / Friday

**Community** Calendar

Send announcements a week prior

hawaiiarmyweekly.com.

to publication to community@

Today

New Boat Storage Lot — SB

Auto Skills Center is accepting appli-

cations for RV, boat and Jet Ski stor-

monthly stall fee can be purchased at

age, that will begin Oct. 1. The \$40

the Auto Skills Center, Bldg. 910, at

the corner of Lyman and Duck

Valid government ID, state

Family Night Programs -

AMR and Schofield chapels invite the

public to family night programs now

underway. The weekly event features

dinner, classes and activities for ages

4 through high school and adult. A

nursery service, staffed by CYSS, is

provided for children ages 6 months

to 4 years old who are registered with

•AMR Chapel Family Spiritual Re-

CYSS or the CDC. Weekly events are

siliency Night, Tuesdays, 5:30-7:30

registration for boat and

quired. Call 655-9368.

trailer, proof of both safety

check and insurance are re-

roads.

Hawaiian Luau Lunch Buffet - Enjoy a Hawaiian luau lunch buf**FESTIVAL OF ALOHA** 



Derrek Miyahara | Principal Photographer

WAIKIKI — Hula dancers perform during the 2011 Aloha Festivals Waikiki Hoʻolauleʻa, here. Hawaii's largest block party returns Saturday, Sept. 15, 7-10 p.m., on Kalakaua Avenue, with an appearance by the 66th annual Aloha Festivals Royal Court, entertainment on four stages, 25 food booths, more than 30 craft vendors, hula halau performances, Hawaiian musicians and more. Call 483-0730, or visit aloha.festivals@waikikiimprovement.com or www.alohafestivals.com for more information.

fet every last Friday of the month at FS rental, 5-10 p.m. Call 656-1745. Mulligan's Bar and Grill or SB Kolekole Bar and Grill. Call 438-1974, FS, or 655-0660, SB.

#### October 5 / Friday

Kolekole Rocktoberfest — A taste of Germany with a thirst for Rock and Roll highlights the annual Rocktoberfest at SB Kolekole Bar and Grill, Oct. 5. Enjoy delicious food, great drinks and entertainment with no cover charge at this adults-only event. Call 655-4466.

### **Ongoing**

**Zumba** — The FS PFC offers Zumba classes, 4:45-5:45 p.m., Thursdays. Cost is \$4 per person. Call 438-1152.

**Friday Night Entertainment** Series - Catch new acts every Friday at the SB Kolekole Bar and Grill. Enjoy pau hana specials before the show. Call 655-4466.

WAAF Friday Night Bowling -Enjoy the \$5 special for Cosmic Bowling; get three games and one shoe

Mongolian Barbecue — Dinner is served starting at 5 p.m., Mondays, at Kolekole Bar and Grill, SB, and Thursdays at Mulligan's Bar and Grill, FS. Cost is 65 cents per ounce.

Call Kolekole at 655-4466 or Mulligan's at 438-1974.

Wednesday Bowling Special -Bowl 7 a.m.-4 p.m., Wednesdays, \$1 per game, FS Bowling Center. Cost is \$1 per game; shoe rental is not includ-

Offer is subject to availability and doesn't apply to group or party reservations. Call 438-6733.

Teen Wednesdays — Teens can cosmic bowl for \$2 at Wheeler Bowling Center, WAAF, 2-4 p.m., Wednesdays. Get free shoes with a two-game minimum. Call 656-1745.

Keiki Night — Every Wednesday night, kids under the age of 10 can eat from the keiki menu for only \$2.99, 5-8 p.m., at the SB Kolekole Bar and Grill and FS Mulligan's Bar and Grill. Call 655-0660, SB, or 438-6712, FS.

New ODR — Outdoor Recreation has moved to a new facility at 435 Ulrich Way, Bldg. 2110 (right behind the SB ACS building). ODR will be open 8:30 a.m.-5:30 p.m., Tuesdays-Saturdays. Call 655-0143.

The "A" Game — Keiki 18 years of age and under can bowl one free game for every two As they receive on their report card. Offer valid 30 days from report card issuance. Call 438-6733, FS, or 655-0573, SB.

New Menus — New menus are now available at Kolekole Bar and Grill, SB, and Mulligan's Bar and Grill, FS. Call 655-4466 (SB) or 438-1974 (FS).

**Auto Detailing** — The SB Auto Skills Center specializes in tinting and full-vehicle detailing. Call 499-7633.

New Gym Hours — New HMR and AMR physical fitness center hours are 6 a.m.-9 p.m., Monday-Friday, and closed Saturdays, Sundays and holidays. Call HMR at 653-0719 and AMR at 836-0338.

Golf Special — Pay for nine holes and play 18, Mondays-Fridays, except holidays, at the Nagorski Golf Course, FS. Course is open to the public. Limited-time special. Call 438-9587.

#### ·Saturday, 5 p.m. at TAMC, WAAF

Annex

Sunday services: - 8:30 a.m. at AMR

-10:30 a.m. at MPC Annex -11 a.m. at TAMC

•Monday-Friday, 11:45 a.m. at MPC and 12 p.m.TAMC

#### **Gospel Worship** •Sunday, noon. at MPC

•Sunday, 12:30 p.m. at AMR **Islamic Prayers and Study** 

#### •Friday, 1 p.m. at MPC Annex •Friday, 2:30 p.m., TAMC •Saturday and Sunday, 5:30 a.m.; 6, 7 and 8 p.m. at MPC Annex

Jewish Shabbat (Sabbath) •Monday, 6 p.m. at PH (Bible Study) •Friday, 7:30 p.m. and Saturday,

8:15 a.m. at PH Pagan (Wicca)

#### •Friday, 7 p.m. at MPC Annex **Protestant Worship**

 Sunday Services -9 a.m. at FD, MPC and TAMC chapels -9 a.m. at WAAF chapel,

Lutheran/Episcopalian -10 a.m. at HMR -10:30 a.m. at AMR

Single Soldiers' Bible Study •Wednesday, 11:30 a.m. at SC; lunch is provided.

**Worship Service** •Sunday, 6 p.m. at SC.



Call 624-2585 for movie stings or go to aafes.com under reeltime movie listing.



#### Ice Age: **Continental Drift**

(PG)

Fri., Sept. 14, 4 p.m. Sat., Sept. 15, 4 p.m. Sun., Sept. 16, 2 p.m.

#### The Bourne Legacy

(PG-13) Fri., Sept. 14, 7 p.m. Sat., Sept 15, 7 p.m. Thurs., Sept. 20, 7 p.m.

## Total Recall

(PG-13) Wed., Sept. 19, 7 p.m.

 Schofield Chapel Family Spiritual Resiliency Night, every Wednesday, begins Sept. 19, 5:30-7:30 p.m. Call 833-8175, SB, or 839-4319, AMR.

#### 15 / Saturday

WAAF Power Shutdown — A scheduled power shutdown from 7 a.m.-5 p.m., Sept. 15, will affect all of Wheeler Army Airfield. This shutdown will allow the Hawaiian Electric Company time to perform inspection and routine maintenance of its substation trans-

former that feeds WAAF. Call 656-3065.

Aloha Festivals Block Party — The Aloha Festivals Waikiki Hoolaulea, or block party, will be held 7-9 p.m, Sept. 15, along Kalakaua Avenue, Waikiki.

Admission to all events is free for the festival, which runs through Sept. 22 around the island of Oahu.

Visit www.Aloha Festivals.com.

Festivals Entertainment — Aloha Festivals' live entertainment begins at 6 p.m. at Royal Hawaiian Center's Hoolaulea stage on Kalakaua Avenue featuring the Royal Hawaiian Band and Willie K.

Royal Hawaiian Center is offering a validated parking promotion.

**Waialua Library Anniversary** — The Waialua Public Library, on the North Shore, celebrates its 85th anniversary with entertainment and children's activities, beginning at 9 a.m., Sept. 15, at Waialua Bandstand across from the library.

#### Clean Up Kaena

— Army units and civilian volunteers are needed to collect and record trash at Kaena Point State Park Reserve and Army Beach, 8-11:30 a.m., Sept. 15, as part of the 27th Annual International Coastal Cleanup.

Join this one-day effort to help provide a unique global picture of the long-term trash trends, and inspire changes to protect the ocean and wildlife.

Volunteers must RSVP at 656-3158/3160 or email amy.bugala@ us.army.mil.

#### 18 / Tuesday

Noise Advisory - Residents in the immediate vicinity of Schofield Barracks may experience an increase in noise as a result of 25th Infantry Division field artillery training exercises scheduled 8 a.m.-3 p.m., Sept. 18. Call the U.S. Army Garrison-Hawaii Noise Concern Line at 656-3487 to report concerns.

keiki bodyboarding contest for four age groups, between ages 7-17, starting at 10 a.m. Entry fees are \$20. To register, call 259-4136/4137 or visit www.bel lowsafs.com.

22 / Saturday

Keiki Bodyboard Contest —

Bellows Air Force Station will hold a

#### 29 / Saturday

Blue Angels — The Kaneohe Bay Air Show, Sept. 29-30, will feature the U.S. Navy's Blue Angels. Visit www.kaneohebayairshow.com.

**National Take Back Initiative**  Turn in your unused or expired medications for safe anonymous disposal,10 a.m.-2 p.m., Sept. 29, at the SB Exchange, near the Flower Shop.

Other NTBI locations include the Pearl Harbor Navy Exchange main lobby, Mililani Town Center's bandstand area and Hawaii State Capitol's South King Street side.

Leilehua Fundraiser — The 4th annual Leilehua High School Boosters Craft Fair includes craft and food booths and entertainment, 9 a.m.-2 p.m., at Leilehua H.S., 1515 California Ave., Wahiawa. Call 224-4080.

See Community Calendar, B-5

Inspiration, Exploration and Skills

#### **Calendar abbreviations**

as follows:

p.m.; and

8th TSC: 8th Theater Sustainment Command 25th ID: 25th Infantry Division ACS: Army Community Service AFAP: Army Family Action Plan AFTB: Army Family Team Building AMR: Aliamanu Military Reservation

ASYMCA: Armed Services YMCA BCT: Brigade Combat Team BSB: Brigade Support Battalion Co.: Company CYSS: Child, Youth and School Services EFMP: Exceptional Family Member Program FMWR: Family and Morale, Welfare and

FRG: Family Readiness Group FS: Fort Shafter HMR: Helemano Military Reservation IPC: Island Palm Communities PFC: Physical Fitness Center

SB: Schofield Barracks

Recreation

TAMC: Tripler Army Medical Center USAG-HI: U.S. Army Garrison-Hawaii USARPAC: U.S. Army-Pacific WAAF: Wheeler Army Airfield

SKIES: Schools of Knowledge,

No shows on Mondays or Tuesdays.

# Engineers volunteer to keep it clean at Kaena Point

2ND LT. IENNIFER FULCO

84th Engineer Battalion, 130th Eng. Brigade, 8th Theater Sustainment Command

NORTH SHORE — For Soldiers of the 84th Engineer Battalion, a recent morning at Kaena Point State Park was more than a day at the beach

Members of the 84th's Forward Support Company, within 130th Eng. Brigade, 8th Theater Sustainment Command, removed trash from the park's trail and shoreline in an effort that not only served the community but also acted as a team-building exercise.

"Kaena Point is such a beautiful area, and we are privileged to have the opportunity to preserve it," said 1st Lt. James Beebe, executive officer, FSC.

Soldiers removed about 15 bags of trash from the trail, according to Sgt. Travis Thorpe, training noncommissioned officer.

"Giving back to the community is very important to our company and to this organization as a whole," said Capt. Maurice Harford, FSC commander. "The island of Oahu is so beautiful, and it is unfortunate that it is not always as well kept as it should be. We are trying to do our part to help keep it clean and give



1st Lt. James Beebe | FSC, 84th Eng. Bn., 130th Eng. Bde., 8th TSC

KAENA POINT — Soldiers of FSC, 84th Eng. Bn., 130th Eng. Bde., 8th TSC, pose at the top of Kaena Point State Park, here, Aug. 22, after picking up trash along the five-mile trail.

The project also provided an opportunity to further develop camaraderie, as Soldiers helped and encouraged each other to reach the top of the five-mile trail, here, which ended on a mountaintop overlooking the shoreline.

"It was a nice chance to get off base and go someplace different," Thorpe said. "It was enjoyable to be able to work together and get to see the beautiful shoreline of Oahu."

After Soldiers made it to the peak, Harford

led the way back down to the start point with a company run.

"It was great to help out in the community and to get a great workout in while all the Soldiers were having fun," Harford added.

# Mass flu vaccination set to improve health, force readiness

STEPHANIE RUSH

U.S. Army Pacific Regional Medical Command Public Affairs

HONOLULU — Installations around the island will hold a mass flu vaccination exercise, Sept. 18-20, with the goal of vaccinating as many Oahu-based active duty service members and emergency-essential civilians as poscible.

"Each year in the United States, approximately 25 million cases of influenza get reported," explained Lance Golder, analyst, Military Vaccine Agency. "These cases result in about 150,000 hospitalizations due to serious complications. Over 30,000 people die from influenza annually in the U.S. alone.

"The seasonal influenza vaccine," Golder continued, "is one of the most beneficial tools in modern medicine for reducing sicknesses, deaths, health care costs and conserving fighting strength."

Getting service members and critical civilians vaccinated in a 72-hour window isn't just

beneficial for public health. Exercises help improve readiness and strengthen the ability to recover after a disaster or public health emergency.

"Following a catastrophic health event, the ability to dispense medical countermeasures to affected populations quickly and efficiently is crucial," explained Thomas Bookman, emergency operations manager, Pacific Regional Medical Command and Tripler Army Medical Center

The mass vaccination exercise is using a closed point of dispensing system, or PODs, which is different than traditional vaccination or medication dispensing sites because it brings the vaccine to where Soldiers and emergency-essential civilians are located.

"This plan is ideal for federal agencies because our employees can receive medications or vaccinations on site. It also allows for a more rapid dispensing of vaccinations and helps to ensure continuity of government," Bookman explained. "PODs assist public health authorities in meeting mass prophylaxis challenges during an emergency."

The flu vaccine isn't important for just service members and emergency-essential civilians. "The influenza vaccine is particularly important for everyone living in Hawaii because we see influenza cases all year around," Golder said. "It is important to remember that Hawaii is a gateway to the world. We have travelers arriving from both hemispheres where their peak influenza season may be in full bloom."

Vaccines will be available to all Tricare beneficiaries at military medical treatment facilities in Hawaii, starting Sept. 21. Vaccines will be available at post exchanges throughout October and local schools in October and

Across the island, active duty service members and emergency-essential civilians on all military bases will hold similar mass vaccination exercises. Drivers may experience traffic delays or reduced parking around mass vacci-

nation sites.

Patients visiting clinics on post may experience longer waiting times due to reduced medical personnel.

#### Flu Vaccination Exercise

All active duty Soldiers and critical Army civilian employees are required to get their flu vaccine during the mass flu vaccination exercise, Sept. 18-20 at Conroy Bowl.

Tricare beneficiaries can begin receiving their flu vaccine at military medical treatment facilities, Sept. 21.

#### **TAMC Online Support**

For a complete listing of clinic operating hours, scheduled vaccinations at post exchanges, or more information on the flu vaccine and how to protect you or your loved ones visit www.tamc.amedd.army. mil/flu.

# **Tricare Prime fee changes** become effective, Oct. 1

#### For most retirees, annual enrollment fee is rising

**BRIAN SMITH** 

TriWest Healthcare Alliance

PHOENIX — It's that time of year again when Tricare Prime billing statements go out in the West Region.

This year, enrollees will be seeing some new numbers in their statements.

The individual and family annual enrollment fee rates are increasing.

#### Are my fees changing?

Yes, the fees are changing for most retiree Tricare Prime enrollees. Fee-paying enrollees were paying either of two rates (depending on the date of enrollment):

•\$230 or \$260 for individual coverage, or •\$460 or \$520 for a family coverage.

These enrollees will see their 2013 fiscal year enrollment rate change to \$269.28 for individual or \$538.56 for the family, beginning Oct. 1.

Going forward, a majority of Prime enrollees could see fee increases at the beginning of each fiscal year. Two categories of retirees, however, will have their rates "frozen":

•Survivors of active duty deceased sponsors (following the three-year Transitional Survivor period) and

•Medically retired service members.

These two categories will pay the same annual fee rate that was in effect the year they enrolled as fee payers and were categorized as survivors or medically retired. The freeze remains if Prime enrollment is not interrupt-

A beneficiary's status and category are recorded in the DEERS (Defense Enrollment Eligibility Reporting System) record.

Fees could change each fiscal year. Tricare is reminding enrollees that beneficiaries may have another enrollment fee increase, later, if new fees are included when Congress passes the final fiscal year 2013 budget.

If beneficiaries don't choose an automatic monthly payment option, it's suggested they

make quarterly payments.

### Do I pay fees? How much do I owe this

If you paid Tricare Prime enrollment fees last year, and you're still enrolled, you still owe fees. If you are recently enrolled in Prime as a retiree, you owe fees.

You can always check your fees owed by logging into your secure account at TriWest.com.

#### What changes will I have to make?

As long as you make your payments by the due date on the statement, your Tricare Prime enrollment continues. If you have signed up for automatic electronic payments through TriWest, you don't have to change anything. Your payments will be automatically adjusted to the appropriate new amounts:

- Monthly allotment from retired pay,
- •Monthly electronic funds transfer from your checking or savings account, or
- •Monthly credit/debit card payment.

#### What if I disenroll?

You can choose to disenroll and use your Tricare Standard coverage. You will have an annual deductible and out-of-pocket cost

As a retiree, you may voluntarily disenroll at the end of the enrollment year (Sept. 30). If you enroll again, your coverage will not be continuous and will start either the month after you enroll or the month after that (based on the 20th of the month rule).

Prime enrollment fees are changing this year. Stay on top of your enrollment and help avoid any missed payments by signing up for automatic electronic payments through Tri-

For more information on Tricare fees, go to Tricare.mil/Costs



Photo courtesy of AARP Hawaii

AARP Hawaii's "Drive to End Hunger" initiative supports Lanakila Meals on Wheels and Hawaii Meals on Wheels and its efforts to provide fresh, healthy meals to Hawaii's seniors, like Victoria Howarth (left). thanks to volunteers, like Les Miller (right).

## **Volunteers wanted to feed elderly**

**AARP HAWAII** News Release

HONOLULU — AARP Hawaii is helping nonprofits meet the growing demand for food among elderly population members.

The initiative, "Drive to End Hunger," supports the efforts of Lanakila Meals on Wheels and Hawaii Meals on Wheels to provide home-delivered meals to seniors unable to cook or shop for themselves.

Drive to End Hunger focuses on a particular challenge the two organizations face in meeting the growing demand for services for Hawaii's aging population: the shortage of volunteer drivers, who are a critical link to the elder community, not only because of the meals they deliver, but also due to the contact they have with many seniors who are otherwise isolated.

Without volunteer drivers, Hawaii's Meals on Wheels organizations can't keep up with the growing demand for their services.

"We have a wait list of 400 residents who've requested meal service that we're not able to provide at current volunteer staffing and funding levels," said Lyn Moku, director, Lanakila Meals on Wheels.

Claire Shimabukuro, executive director, Hawaii Meals on Wheels, faces a similar predicament.

"We would like to deliver more meals to seniors in need, but our ability to increase the number of existing routes is tied to the

number of available drivers," she explained. Both Hawaii Meals on Wheels and Lanakila Meals on Wheels host monthly orientation sessions where individuals can get a feel for what it takes to volunteer.

Volunteer drivers should be patient, reliable and friendly; they should have a car with valid insurance and a safety sticker, and be available for up to three hours, every other

In 2011, Hawaii ranked 25th in the country in the number of adults ages 50 and older who were food insecure (6.68 percent of older residents affected), according to research commissioned by the AARP Foundation in 2011. Food insecurity is associated with numerous negative health outcomes among the elderly, including poorer health and higher probability of being hospitalized.

The "Drive to End Hunger" initiative is part of a nationwide AARP Foundation assault on the hunger problem among Americans over 50. The goals are to both address immediate concerns and develop long-term, sustainable answers that address the root causes of hunger among those over 50.

For more information, call Lanakila Meals on Wheels at 531-0555 or Hawaii Meals on Wheels at 988-6747.



 $\textbf{Photos by Sgt. Marcus Fichtl} \ | \ 8 \text{th Military Police Brigade Public Affairs}, \ 8 \text{th Theater Sustainment Command}$ 

SCHOFIELD BARRACKS — Maj. Gen. Stephen Lyons (center), commander, 8th Theater Sustainment Command, positions himself to speak to officers of the command about suicide prevention after his first officer run, here, Sept. 7. Lyons led his officers on a short, four-mile run through the rain and up Kolekole pass.



Maj. Gen. Stephen Lyons, commander, 8th TSC, leads officers of the command through the rain and up Kolekole pass during his first officer run at Schofield Barracks, Sept. 7.



#### CONTINUED FROM B-2

#### 30 / Sunday

Gold Star Mother's
Day — Gold Star mothers
and family members will
present a Lei of Honor and
Remembrance Ceremony at
the base of the Lady
Columbia statue, 10:30 a.m.,
Sept. 30, at Punchbowl
Cemetery, as part of the national Gold Star Mother's
Day observance.

A blessing ceremony and words of remembrance will be provided. The public is invited. Call 438-9285.

## October

### 6 / Saturday

Medal of Honor — Tickets can be purchased now for the 2012 Medal of Honor Convention, Oct. 6, featuring more than 50 Medal of Honor recipients who will be available for a book signing open to the public.

Tickets for the event are \$20 and can be purchased at www.MedalofHonorCon vention2012.com.

Recipients will meet and greet the public during two signing sessions: 9-11 a.m. and 11 a.m.-1 p.m. at the Hale Koa Hotel in Waikiki.

Only 500 tickets for each session will be sold. Tickets will not be sold at the door.

#### **Ongoing**

Children's Waiting
Room — The ASYMCA
Children's Waiting Room offers on-site child care for healthy children whose parents or siblings have medical appointments in any of the Schofield clinics or at TAMC.
No fee is charged. Donations are encouraged.

SB weekday hours are 8 a.m.-noon and 1-4 p.m; TAMC hours are 8 a.m.-3 p.m. Call 433-8410, SB, or 833-1185, TAMC.

Free Study Programs

— In alliance with the Department of Defense, eKnowledge is donating \$200 SAT and ACT training programs to military families worldwide. Students select the training they need. Call 951-256-4076.